

## CURRICULUM VITAE

**DANIEL J. SIEGEL, M.D.**

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## EDUCATION

|           |                 |  |
|-----------|-----------------|--|
| 1989 - 91 | Research Fellow | NIMH Research Training Program Fellow, UCLA-NPI Division of Child Psychiatry |
| 1989      | Fellow          | Adolescent In-patient Service, UCLA Neuropsychiatric Hospital                |
| 1987 - 89 | Fellow          | UCLA Department of Psychiatry, Division of Child Psychiatry                  |
| 1986 - 87 | Chief Resident  | UCLA Department of Psychiatry  |
| 1984 - 86 | Resident        | UCLA Department of Psychiatry  |
| 1983 - 84 | Intern          | University of California, Los Angeles, Department of Pediatrics              |
| 1983      | M.D.            | Harvard Medical School   |
| 1978      | B.S.            | University of Southern California, summa cum laude, Biological Sciences      |

## LICENSURE & BOARD CERTIFICATION

G53546, Medical Board of California  
Original Issuance Date: 09/04/1984

## PROFESSIONAL EXPERIENCE

|                |   |
|----------------|---|
| 2009 - 2024    | Clinical Professor Psychiatry, UCLA School of Medicine  |
| 2005 - 2015    | Founding Co-Director, UCLA Mindful Awareness Research Center  |
| 2004 - present | Medical Director, Lifespan Learning Institute, Los Angeles, CA  |
| 2002 - 2012    | Founding Co-Investigator, Center for Culture, Brain, and Development Foundation for Psychocultural Research, UCLA |
| 2000 - present | Founding Editor, Norton Series on Interpersonal Neurobiology  |
| 1999 - present | Executive Director, Center for Human Development and Mindsight Institute, Los Angeles, CA                         |
| 1998 - 2003    | Director of Interdisciplinary Studies, Children's Mental Health Alliance, New York                                |
| 1997 - 2009    | Associate Clinical Professor of Psychiatry, UCLA School of Medicine   |
| 1990 - 1999    | Medical Director, Infant and Pre-School Evaluation Service, UCLA  |
| 1991 - 1995    | Acting Director of Training, Child and Adolescent Psychiatry  |

## PROFESSIONAL ACTIVITIES

|                |  |
|----------------|--|
| 2022 - present | Scientific Advisor, Inner Developmental Goals, Stockholm, Sweden |
| 2016 - present | Advisor, Center for Child Well-Being, University of Washington   |
| 2016 - present | Honorary Member, Austrian Federal Association for Mindfulness    |
| 2015 - present | Advisory Board Member, Gloop, Boulder, CO                        |
| 2014 - present | Advisory Board Member, Convergence in Washington, D.C.           |
| 2012 - present | Garrison Institute Board, NY                                     |
| 2009 - 2023    | Blue School Advisory Board Member, New York, NY                  |

## HONORS AND SPECIAL AWARDS

|      |   |
|------|---|
| 2022 | Lifetime Achievement Award, Sapienza University of Rome, Italy  |
| 2019 | Alvarez Award, American Medical Writers Association   |
| 2016 | Insight + Impact Award, Garrison Institute, New York City   |
| 2016 | Board Member Honoree, Decennial Ball, Blue School, New York City  |
| 2012 | Invited speaker, Royal Society of Arts, London, England   |
| 2010 | Susan G. Komen for the Cure® Lynn Lecture Series Speaker  |
| 2009 | VIDA Award of the American Group Psychotherapy Association—Southern California Chapter, for Vision, Innovation, Dedication, and Achievement |
| 2004 | Soule Lectureship, University of Washington   |
| 2004 | Irving B. Harris Lectureship, New York  |
| 2004 | Edna Reiss-Sophie Greenberg Chair, Vista Del Mar, Los Angeles   |
| 2003 | Distinguished Fellow, American Psychiatric Association  |
| 2003 | Doctors Against Child Abuse Honorary Lectureship, New Zealand   |
| 2003 | American Academy of Child and Adolescent Psychiatry Outstanding Mentor  |
| 1999 | Pontifical Council for the Family Lectureship, Vatican, Rome  |
| 1994 | UCLA Psychiatry Department Teaching Award   |
| 1987 | American College of Psychiatrists Laughlin Fellow   |
| 1985 | APA Burroughs-Wellcome Fellow   |

## RESEARCH GRANTS AND FELLOWSHIPS RECEIVED

|           |  |
|-----------|--|
| 1987      | American College of Psychiatrists Laughlin Fellow                            |
| 1989 - 91 | NIMH Research Training Program Fellow, UCLA-NPI Division of Child Psychiatry |
| 2003      | Distinguished Fellow, American Psychiatric Association                       |

## LECTURES AND PRESENTATIONS

### 2024 Selected Invited Events:

- Wisdom and Wellbeing, Blue Spirit, Costa Rica, January 21 – 27 & February 4 – 10
- Psychiatric Grand Rounds: Mass General (MGH), (Virtual) February 15
- Wisdom 2.0 2024, San Francisco, CA, April 24 - 26
- 16 Annual Oslo Freedom Forum, Human Rights Foundation, Oslo, Norway, June 3 – 5
- Action Trauma Summit, Belfast, Ireland, June 17 - 18
- Nine Patterns of Developmental Pathways: Hollyhock, Cortes Island, BC, August 24 - 28
- Oxford Mindfulness Foundation,
- The Master Series, Oxford Trauma Conference, University of Oxford, UK, September 11 - 14

### 2023 Select Invited Events:

- Wisdom and Wellbeing, Blue Spirit, Costa Rica, January 7 - 14
- AATS 103rd Annual Meeting, American Association for Thoracic Surgery, Los Angeles, CA, May 8
- Come Together: A Festival of IntraConnectivity and Spirit, Esalen Institute, Big Sur, CA, July 24 - 28
- Collective Trauma Summit, Thomas Hübl & The Pocket Project, Virtual, September 26 - October 4
- Masterclass and Summit: Connecting the Dots, Inner Development Goals, Stockholm, Sweden, October 9 - 12
- LACPA Annual Convention, Los Angeles County Psychological Association, UCLA, October 21
- GXC Conference, The Global Exchange, Orlando, FL, November 12 - 15
- Mind Summit, Canguru, São Paulo, Brazil, November 28
- Evolution of Psychotherapy Conference, The Milton H. Erickson Foundation, Anaheim, CA, December 14 - 22

### 2022 Select Invited Events:

- Trauma and Attachment, Shalem Network, Ontario, June 1
- International Childhood Trauma Conference, Australian Childhood Foundation, Melbourne, July 31 - August 5
- Collective Trauma Summit, Thomas Hübl & The Pocket Project, Virtual, September 28 - October 6
- International Conference on Parenting Education, Canguru, São Paulo, Brazil (Virtual), November 25
- Evolution of Psychotherapy Conference, The Milton H. Erickson Foundation, Orlando, FL, December 14 - 22

### 2021 Select Invited Events:

- Grand Round Lecture Series, UCSF Department of Child and Adolescent Psychiatry, January 13
- Grand Round Lecture Series, Cambridge Health Alliance, Harvard Medical School, September 20
- PsychAlive, The Glendon Association, (Virtual), November 16
- Cognitive Behavior Institute, (Virtual), November 19
- Evolution of Psychotherapy Conference, The Milton H. Erickson Foundation, (Virtual), November 30 - December 5

2020 Select Invited Events:

- The Embodiment Conference, (Virtual), October 14 - 25
- IPNB in Trauma Therapy, Cognitive Behavior Institute, (Virtual), October 23
- The Science of Love in Childhood Series, UNICEF, (Virtual), November 9
- Heart-Mind Webinar Series, Dalai Lama Center for Peace and Education, (Virtual) November 24
- NASA Mars 2020 PSG Workshop, NASA Scientific Leadership Council & Project Science Group, (Virtual), Dec 8
- Evolution of Psychotherapy Conference, Anaheim, CA (Virtual), December 9 - 13
- Weekly PEPP Mwe Up Gatherings, Santa Monica, CA (Virtual), May - December

2019 Select Invited Events:

- UK Parliament, Mindfulness Initiative & All-Party Parliamentary Group on Mindfulness, London, England, February 6
- Ancestral Healing Summit, The Shift Network, (Virtual), April 8
- Irish Parliament, Mindful Nation Ireland, Houses of the Oireachtas Dublin, Ireland, June 19
- Collective Trauma Summit, Thomas Hübl & The Pocket Project, (Virtual), October 12 - 20
- BrainMind Summit, BrainMind, Stanford, CA, October 13 - 15
- Contemplation By Design, Stanford Medicine, Stanford, CA, November 1 - 2

2018 Select Invited Events:

- Heart-Mind Conference, Dalai Lama Center for Peace and Education, British Columbia, Canada, February 24
- Grand Round Lecture Series, Children's Hospital Los Angeles, Los Angeles, CA, May 18
- Mental Health Super Summit, Mental Health Academy and Act for Kids, Virtual, October 5 - 7

2017 Select Invited Events:

- Interpersonal Neurobiology Conference, UCLA Longevity Center & Lifespan Learning, LA, CA, March 17 - 19
- Psychotherapy Networker Symposium, PESI, Washington, DC, March 23 - 26
- Whole Warrior Health Impact Forum, Navy SEAL Foundation, San Diego, CA, November 6
- Evolution of Psychotherapy Conference, Anaheim, CA, December 12 - 17

2016 Select Invited Events:

- Interpersonal Neurobiology Conference, UCLA Longevity Center & Lifespan Learning, LA, CA, March 4 - 6
- The Neuroscience Training Summit, Sounds True, (Virtual), May 10
- International Childhood Trauma Conference, Australian Childhood Foundation, Melbourne, June 6 - 10

2015 Select Invited Events:

- UCLA, Anderson School of Business
- Government Accountability Office
- Search Inside Yourself Leadership Institute (SIYLI)
- Istituto di Scienze Cognitive
- Greater Good Science Center
- Young Presidents' Organization (YPO), Berlin
- Stanford Summit for Clinical Excellence, Stanford School of Medicine, Palo Alto, CA

2014 Select Invited Events:

- Yukon Teachers' Association
- Naropa University
- Colorado Association for Gifted & Talented
- The Blue School, Empathy and Compassion in Society
- Siegel-Gottman Summit
- Australian Childhood Foundation
- Stanford Medicine X
- UMinn Wellbeing Center
- Dalai Lama Conference: Compassion in Education, Rotterdam
- Minnesota Institute for Contemporary Psychotherapy and Psychoanalysis
- UCSD Center for Mindfulness: Bridging the Hearts and Minds of Youth

2013 Select Invited Events:

- The Prince Mahidol Award Conference, World Health Organization One Health, Bangkok, Thailand
- Interpersonal Neurobiology Summit, London, England
- TEDx Prague
- McLean/Harvard Hospital Conference, plenary speaker, Boston, MA
- UCLA Attachment Conferences, How People Change: Relationships and Neuroplasticity in Psychotherapy
- Google Talk, keynote speaker, San Francisco, CA

2012 Select Invited Events:

- Wisdom 2.0, keynote speaker, Silicon Valley, CA
- RSA: Royal Society of Arts: The Emerging Mind: How Relationships and the Embodied Brain Shape Who We are, keynote speaker, London, UK

2011 Select Invited Events:

- American Psychological Association, featured speaker, Washington, D.C.
- Google Talks, two keynotes, Kirkland and Seattle, WA

2010 Select Invited Events:

- American Association of Directors of Psychiatric Residency Training, keynote address, Orlando, FL
- 2010 Mindfulness in Education Conference, keynote speaker, Cambridge, MA
- 70 Years after Freud, "La Caixa" Foundation, featured speaker, Madrid, Spain
- Healing and Transformation: Buddhist Wisdom & Neuroscientific Insight with Jack Kornfield, Seattle, WA and San Francisco, CA
- National Head Start Research Conference, master lecture, Washington, D.C.
- Mindfulness in Education Conference at Omega Institute, keynote speaker, Rhinebeck, NY
- Featured presenter for "Beyond Survival" national tour in Australia
- UCLA: Adult Attachment and Interpersonal Neurobiology with Mary Main and Erik Hesse

2009 Select Invited Events:

- Los Angeles School Superintendents Day-long Workshop on Mindful Awareness
- UC Berkeley Day-long Workshop on Education
- American Association of School Superintendents Annual Meeting Keynote
- Greek Psychological Association Annual Meeting, keynote speaker, Athens, Greece
- Honorary Lectureship, University of Santa Clara
- Fetzer Keynote on Neuroscience and Spirituality

- Chautauqua Keynote on the Brain, Mindsight, and Education, New York
- Plenary Speaker, Zero to Three Conference, Dallas, Texas
- Peace Summit Panel with His Holiness the Dalai Lama, Vancouver, Canada
- Evolution of Psychotherapy Conference, invited lecturer, Anaheim, California

2008 Select Invited Keynote Addresses:

- Seeds of Compassion Conference with His Holiness the Dalai Lama, Seattle, WA
- New York University Medical School, New York
- Garrison Institute, New York
- Mindfulness and Psychotherapy, Harvard
- Los Angeles County Department of Education
- Claremont School of Theology Neuroscience and Spirituality with Allan Wallace
- Zero to Three Annual Conference: Intervention with Military Families, Los Angeles, CA

2007 Select Invited Keynote Addresses:

- California Department of Education Annual Educators Conference, Asilomar, CA
- Harvard University Academy of Medicine Special Seminar on Mindfulness in Medicine
- Psychotherapy Networker Annual Meeting, two keynotes, Washington, D.C.
- Alfred Adler International Meeting, Vancouver, B.C.
- Annual Trauma Conference, Boston University/Trauma Center
- Contemplation, Mindfulness and Medicine, Cologne, Germany
- Mindfulness, Temperament and the Brain for Business Leaders, Burren, Ireland
- Spirituality and Science in Honor of the 550th Birthday of the University of Freiburg with HH the Dalai Lama, Freiburg, Germany
- Buddhism and Science for the King of Thailand's 80th Birthday, Bangkok, Thailand
- Rural Cap Alaska Early Childhood Educators, Anchorage, AK
- UCLA Extension Program on Mindfulness in Psychotherapy with The Venerable Thich Nhat Hanh
- Children Uniting Nations, Congressional Hearing on Children, Washington, D.C.
- Stanford University Center for Advanced Study in the Behavioral Sciences Seminar, Palo Alto, CA
- Massachusetts Eye and Ear Infirmary 100th Anniversary of Social Work Department Seminar, Harvard University
- Los Angeles County Juvenile Justice Department Symposium, Los Angeles, CA
- Justice Institute of British Columbia Conference, Vancouver, B.C.

2006 Select Invited Keynote Addresses:

- Child and Adolescent Psychiatry, Northern California Chapter, Carmel, CA
- Norway Psychiatric Invitational, Oslo, Norway
- United Way conference for Teachers and Parents, Westport, CT
- Children's Institute International Centennial Conference, Los Angeles, CA
- Society for Exploration of Psychotherapy Integration International Conference, Los Angeles, CA
- Mind and Life Research Institute/The Garrison Institute Conference, Garrison, NY

1999-2005 Select Invited Keynote Addresses:

- Pope John Paul II and The Vatican's Pontifical Council for the Family
- Psychiatric Hospital of Tokyo, Japan
- International EMDR Conference, Stockholm, Sweden
- Child Psychiatry Association, Helsinki, Finland
- Danish Psychotherapy Society, Copenhagen, Denmark
- Doctors Against Child Abuse, New Zealand

## PUBLICATIONS / BIBLIOGRAPHY

### RESEARCH PAPERS (PEER REVIEWED)

**Siegel, D.J.,** Drulis, (2023). An interpersonal neurobiology perspective on the mind and mental health: personal, public, and planetary well-being. *Annals of General Psychiatry*, 22 (1), 5.

Villamil, A., Vogel, T., Weisbaum, E., & **Siegel, D. J.** (2019). Cultivating well-being through the three pillars of mind training: Understanding how training the mind improves physiological and psychological well-being. *OBM Integrative and Complementary Medicine*, 4(1).

**Siegel, D. J.** (2019). The mind in psychotherapy: An interpersonal neurobiology framework for understanding and cultivating mental health. *Psychology and Psychotherapy: Theory, Research and Practice*, 92(2), 224–237.

Reisz, S., Duschinsky, R., & **Siegel, D. J.** (2018). Disorganized attachment and defense: Exploring John Bowlby's unpublished reflections. *Attachment & Human Development*, 20(2), 107–134.

Granqvist, P., Sroufe, L. A., Dozier, M., Hesse, E., Steele, M., Ijzendoorn, M. van, Solomon, J., Schuengel, C., Fearon, P., Bakermans-Kranenburg, M., Steele, H., Cassidy, J., Carlson, E., Madigan, S., Jacobvitz, D., Foster, S., Behrens, K., Rifkin-Graboi, A., Gribneau, N., ...**Siegel, D.J.** ...Duschinsky, R. (2017). Disorganized attachment in infancy: A review of the phenomenon and its implications for clinicians and policy-makers. *Attachment & Human Development*, 19(6), 534–55.

**Siegel, D.** (2015). Interpersonal neurobiology as a lens into the development of wellbeing and resilience. *Children Australia*, 40(2), 160-164.

Baldini, L., Parker, S. C., Nelson, B. W., & **Siegel, D. J.** (2014). The clinician as neuroarchitect: The importance of mindfulness and presence in clinical practice. *Clinical Social Work Journal*.

Sowell, E. A., Siegel, A. W., & **Siegel D. J.** (2012). Adolescent brain and cognitive changes. In M. Fisher, L. Alderman, R. Kreipe, & W. Rosenfeld (Eds.), *Handbook of adolescent medicine*. American Academy of Pediatrics.

**Siegel, D. J.,** & McIntosh, J. (2011). Family law and the neuroscience of attachment, part II. In R.E. Emery & A. Schepard (Eds.), *Family court review: An interdisciplinary journal*, 49(3), 513-520.

Sroufe, A., & **Siegel, D. J.** (2011). The verdict is in: The case for attachment theory. *Psychotherapy Networker*.

**Siegel, D. J.** (2009). Mindful awareness, mindsight, and neural integration. *The Humanistic Psychologist*, 37(2), 137-158.

Epstein, R. M., **Siegel, D. J.,** & Silberman, J. (2009). Self-monitoring in clinical practice: A challenge for medical educators. *Journal of Continuing Education in the Health professions, Special Issue on Self-Assessment*, 28(1), 5-13.

**Siegel, D. J.** (2007). Mindfulness training and neural integration. *Journal of Social, Cognitive, and Affective Neuroscience*, 2(4), 259-263.

**Siegel, D. J.** (2007). Unlocking the mind to promote well-being. *Counselor Magazine*, 8(1), 12-20.

**Siegel, D. J.** (2006). An interpersonal neurobiology approach to psychotherapy: How awareness, mirror neurons and neural plasticity contribute to the development of well-being. *Psychiatric Annals*, 36(4), 248-258.

**Siegel, D. J.** (2005). Apego y comprension del si mismo: Ser padre pensando en el cerebro. *Psicoterapia, Neurobiologia y Neurociencias*, 16(61), 29-42.

Zuckerman, B., Zuckerman, P. M., & **Siegel, D. J.** (2005). Promoting self-understanding in parents – for the great good of your patients. *Contemporary Pediatrics*, 22(4), 77-90.

- Siegel, D. J.** (2004). Attachment and self-understanding: Parenting with the brain in mind. *Journal of Prenatal and Perinatal Psychology and Health, 18*(4), 273-286.
- Siegel, D. J.** (2002). What do parents need to know about brain development and interpersonal experiences with their children? *Gifted Education Communicator, 33*(2).
- Siegel, D. J.** (2001). Toward an interpersonal neurobiology of the developing mind: Attachment, “mindsight” and neural integration. *Infant Mental Health Journal, 22*(1-2), 67-94.
- Siegel, D. J.** (2001). Memory: An overview with emphasis on the developmental, interpersonal, and neurobiological aspects. *Journal of the American Academy of Child and Adolescent Psychiatry, 40*(9), 997-1011.
- Siegel, D. J.** (1999). Relationships and the developing mind. *Childcare Information Exchange, 48*-51.
- Siegel, D. J.** (1996). Attachment, emotions, memory and narrative: Cognitive neuroscience encounters psychotherapy. *Psychiatric Times, XIII* (3).
- Gaensbauer, T., Chatoor, I., Drell, M., **Siegel, D. J.**, & Zeanah, C.H. (1995). Traumatic loss in a one-year-old girl. *Journal of Child and Adolescent Psychiatry, 34*(4).
- Siegel, D. J.** (1995). Memory, trauma and psychotherapy: A cognitive science view. *Journal of Psychotherapy Practice and Research, 4*(2), 93-122.
- Sigman, M., & **Siegel, D. J.** (1992). The interface between the psychobiological and cognitive models of attachment. *Behavioral and Brain Sciences, 15*(3), 523.
- Yager, J., Yager, A. R., **Siegel, D. J.**, & Strauss, G. D. (1990). Professional interests among residency applicants in psychiatry. *Academic Psychiatry, 14*, 80-85.
- Siegel D.J.**, Small G.W. (1986). Borderline Personality Disorder in the Elderly: A Case Study. *The Canadian Journal of Psychiatry, 31*(9), 859-860.

## CHAPTERS

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- Siegel, D. J.** & Welch Siegel, A. (2020). Distinct but linked: wellbeing and the multimodal mind. In Tweedy, R. (Ed.). *The Divided Therapist: Hemispheric Difference and Contemporary Psychotherapy*. (2020). United Kingdom: Taylor & Francis.
- Fredrickson, B. & **Siegel, D. J.** (2017). Broaden-and-build theory meets interpersonal neurobiology as a lens on compassion and positivity resonance. In Gilbert, P. (Ed.). *Compassion: Concepts, research and applications*. New York: Routledge
- Siegel, D. J.** (2017). The integration of attachment, mindfulness, and neuroscience. In S. Gojman-de-Millan, C. Herreman, L.A. Sroufe (Eds.) *Attachment across clinical and cultural perspectives: A relational psychoanalytic approach*. London: Routledge.
- Siegel, D. J.**, Siegel, M. W., & Parker, S. C. (2016). Internal education and the roots of resilience: Relationships and reflection as the new R’s of education. In K. A. Schonert-Reichl & R. W. Roeser (Eds.), *Handbook of Mindfulness in Education: Integrating Theory and Research into Practice* (pp. 47–63). New York: Springer.
- Parker, S. C., Nelson, B. W., Epel, E., & **Siegel, D. J.** (2015). The science of presence: A central mediator in the interpersonal benefits of mindfulness. In Brown, K.W., Creswell, J.D., & Ryan, R.M., (Eds.) *Handbook of mindfulness: Theory, research, and practice*. (pp 225-244). New York: Springer.

**Siegel, D. J., & Siegel, M. W.** (2014). Thriving with uncertainty: Opening the mind and cultivating inner well-being through contemplative and creative mindfulness. In Ie, A., Ngnoumen, C.T., & Langer, E. J. (Eds.) *The Wiley Blackwell Handbook of Mindfulness*. New Jersey: Wiley-Blackwell Publishing.

Nelson, B. W., Parker, S. C., & **Siegel, D. J.** (2014). Interpersonal neurobiology, mindsight, and the triangle of well-being: The mind, relationships & the brain. In Tronick, E. Perry, B., & Brandt, K. (Eds.), *Infant & Early Childhood Mental Health*. Washington, D.C.: American Psychiatric Publishing.

**Siegel, D. J.** (2011). The proven benefits of mindfulness. In B. Boyce & Shambhala Sun (Eds.), *The mindfulness revolution: Leading psychologists, scientists, artists, and meditation teachers on the power of mindfulness in daily life* (pp. 136-139). New York: Random House Publications, Inc.

Farber, H. R., & **Siegel, D. J.** (2011). Parental presence: An interpersonal neurobiology approach to healthy relationships between adults and their parents. In S.M. Dunham, S.B. Dermer, & J. Carlson (Eds.) *Poisonous parenting: Toxic relationships between parents and their adult children* (pp. 49-62). New York: Routledge.

Dutra, L., Ilaria, B., **Siegel, D. J.**, & Lyons-Ruth, K. (2009). The relational context of dissociative phenomena. In P. F. Dell & J. A. O'Neil (Eds.), *Dissociation and the dissociative disorders, DSM-V and beyond* (pp. 83-92). New York: Routledge.

**Siegel, D. J.** (2009). Emotion as integration: A possible answer to the question, what is emotion? In D. Fosha, D. J. Siegel, & M. Solomon (Eds.), *The healing power of emotion: Affective neuroscience, development & clinical practice* (pp. 145-171). New York: W. W. Norton & Company.

Cozolino, L., & **Siegel D. J.** (2009). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive textbook of psychiatry, ninth edition*. New York: Williams and Wilkins.

**Siegel, D. J.**, Siegel, A. W., & Amiel, J. B. (2006). Brain, mind, and behavior. In D. Wedding & M. Stuber (Eds.), *Behavior and medicine, fourth edition*. Cambridge, MA: Hogrefe & Huber.

**Siegel, D. J.** (2005). Verso uno neurobiologia interpersonale della mente relazionale: Le relazioni di attaccamento, la rappresentazione della mente e l'integrazione neurale. In A. Dinacci, (Ed.), *Narrate genti le vostre storie* (32-72). Napoli, Italia: Liguori Editore.

**Siegel, D. J.** & Cozolino, L. (2005). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive textbook of psychiatry, seventh edition*. New York: Williams and Wilkins.

**Siegel, D. J.** (2004). Attachment and self-understanding: Parenting with the brain in mind. *Journal of Prenatal and Perinatal Psychology and Health, 18(4)*, 273-286.

**Siegel D. J.** (2003). An interpersonal neurobiology of psychotherapy: The developing mind and the resolution of trauma. In M. Solomon & D. J. Siegel (Eds.), *Healing trauma: Attachment, mind, body, and brain*. (pp. 1-56). New York: W. W. Norton & Company.

**Siegel D. J.** & Nurcombe B. (2002). The development of attention, perception and memory. In M. Lewis (Ed.), *Child and adolescent psychiatry: A comprehensive textbook, third edition*. Baltimore: Williams and Wilkins.

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**Siegel, D. J.** (1997). Working with the memories of trauma. In B.S. Mark & J.A. Incorvaia (Eds.), *Psychotherapy with children and adolescents, 221-278*.

**Siegel, D. J.** (1997). Assessment of cognitive development. In J. Noshpitz (Ed.), *Handbook of child & adolescent psychiatry, 263-274*.

**Siegel, D. J.** (2000). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive textbook of psychiatry, seventh edition*. New York: Williams and Wilkins.

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**Siegel, D. J.** (1996). Cognition, memory and dissociation. In D. Otnow & F. Putman (Eds.), *Child and adolescent psychiatric clinics of North America on dissociative disorders*, W.B. Saunders.

**Siegel D. J.** (1995). Dissociation, psychotherapy, and the cognitive sciences. In J. Spira (Ed.), *Treating dissociative identity disorder*. San Francisco: Jossey Bass, 39-79.

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## FOREWORDS

**Siegel, D. J.** (2021). Foreword. By: B. Chestnut, Ph.D. & U. Paes, M.M.. *The Enneagram Guide to Waking Up: Find Your Path, Face Your Shadow, Discover Your True Self*. Charlottesville, VA: Hampton Roads Publishing Company, Inc.

**Siegel, D. J.** (2020). Foreword. By: B. Saltman. *Strange situation: A mother's journey into the science of attachment*. New York: Ballantine Books.

**Siegel, D. J.** (2020) Foreword. By: S. Shapiro. *Good morning, I love you: Mindfulness and self-compassion practices to rewire your brain for calm, clarity, and joy*. Boulder, CO: Sounds True.

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**Siegel, D. J.** (2016). Introduction. By: D. E. Dube. *Mindful coloring: calming the mind through art*. New York: W. W. Norton & Company.

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**Siegel, D. J.** (2015). Foreword. By: R. Eichenstein. *Not what I expected: Help and hope for parents of atypical children*. New York: Tarcher Perigee.

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**Siegel, D. J.** (2015). Foreword. By: J. Schwartz Gottman & J. M. Gottman. *10 principles for doing effective couples therapy*. New York: W. W. Norton & Company.

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